

ODDS AND ENDS.

Princeton college has this year the largest freshman class in its history—about 200.

The mummy market is now so overstocked that lovers of the antique can obtain specimens for less than \$100.

Contentment is better than riches, and when a man has both, he has great reason to be thankful.

It is now thought that Colorado's wool clip this year will beat the best previous record by over a million pounds.

The range of the Mannlicher rifle was proved again in a startling manner the other day, when an Austrian soldier was killed by one at target practice at a reported range of over two miles and a half.

A Mohammedan mosque has been built in Woking, England, and a Buddhist temple has been opened in Paris. There are about 300 Buddhists in Paris.

The will of the late Professor Elias Loomis bequeaths the bulk of his estate, which is valued at from \$250,000 to \$300,000, to Yale university, to be known as the "Loomis Fund."

The phylloxera has attacked the Grecian current, Greece's great staple, threatening grave disaster to Greek finance, as the export duty on the current is one of the most important elements in the revenue.

Bishop F. D. Huntington, of Syracuse, N. Y., refuses to occupy the town residence provided for him by his diocese, preferring an unpretentious house in the country.

The secretary of war has decided to accept the offer of the Indian Rights association to purchase a tract of land in North Carolina for Geronimo's band of Indians, now confined at Mount Vernon barracks, and to establish them in a more civilized mode of life.

The fires used in blowing Venetian glass are made of wood, coal being useless on account of its generating too much smoke and gas, which prevent the delicate ornaments used in decorating the various objects from adhering.

Professor Lexis, of the university of Göttingen, has published a work in which he proves by statistics that the German universities have twice as many students as can possibly hope to make a living by the respective professions for which they are preparing.

The consequence is, he argues, a large annual increase of the learned and most dangerous proletarian class.

The six breeds of turkeys in the United States are known as the bronze, the Narragansett, white, black, buff, slate. The largest of the bronze turkeys, raised principally in Rhode Island and North Stonington, in Connecticut, attain forty-five pounds in weight when two years old. The yearlings, more tender, usually weigh about twenty-five pounds. The Narragansetts are nearly as large.

From the British board of trade returns it appears that every few days throughout the year a vessel carrying the British flag leaves port never more to be heard of. In the year ending June, 1889, the number of vessels under the British flag to which accidents happened of various kinds was 7,724, involving the loss of 2,334 lives. This is a melancholy record, but is less than the average for ten years of about fifty lives. There were 300 total losses, of which nearly one-third are reported as missing.

Advantages of "The Forty Winks."

Sleep is closely connected with the question of diet; "good sleeping" was a noticeable feature in the large majority of Dr. Humphrey's cases. Sound, refreshing sleep is of the utmost consequence to the health of the body, and no substitute can be found for it as a restorer of vital energy. Sleeplessness is, however, often a source of great trouble to elderly people, and one that is not easily relieved. Narcotic remedies are generally mischievous; their first effects may be pleasant, but the habit of depending upon them rapidly grows until they become indispensable. When this stage has been reached the sufferer is in a far worse plight than before.

In all cases the endeavor should be made to discover whether the sleeplessness be due to any removable cause, such as indigestion, cold, want of exercise, and the like. In regard to sleeping in the daytime there is something to be said both for and against that practice. A nap of "forty winks" in the afternoon enables many aged people to get through the rest of the day in comfort, whereas they feel tired and weak when deprived of this refreshment. If they rest well at night there can be no objection to the afternoon nap, but if sleeplessness be complained of, the latter should be discontinued for a time. Most old people find that a reclining posture, with the feet and legs raised, is better than the horizontal position for the afternoon nap. Digestion proceeds with more ease than when the body is incumbent.

—Dr. Robinson Roose.

What Makes Wrinkles.

The general impression about wrinkles is that they are caused by worry, but the truth is that most of them come from laughing. To know how to laugh is just as important as to know when to do it. If you laugh with the sides of your face the skin will work loose in time, and wrinkles will form in exact accordance with the kind of laugh you have. The man who always wears a smirk will have a series of semicircular wrinkles covering his cheeks. A gambler, who is accustomed to suppressing his feelings, generally has a deep line running from each side of his nose to the upper corner of his mouth, which in time extends to the chin, forming the shape of a half moon. A catervorous person is usually marked with two wrinkles, one on the jaw and the other under the eye, meeting at right angles at the cheek bones. The scholar's wrinkle forms on his brow, while a schemer's wrinkles come around his eyes, and look like spokes of a wheel. Interview in St. Louis Globe-Democrat.

A Good Bed.

Apart from those conceded requisites, a good conscience and good digestion, there is another indispensable necessity to all who covet sleep, and who have passed the heyday of youth and the buoyant health which youth claims as its peculiar dower, and that, need we say? is a good bed. When we remember that the one elixir of life, daily repeated, and constantly efficacious in its beneficent results on brains and nerves, and within reach of the poorest as of the richest, free as air, sunshine and water, is a good night's rest, it is strange that we take so little thought about the means of getting it. —Harper's Bazar.

Today more than 2,000,000 of the youth of India are receiving an education in the English language.

Three years hence the planet Mars will be nearer to the earth than it has been for 515 years (A. D. 1377). Astrologers and lovers of the marvellous will be disappointed to hear that nothing of importance took place when Mars came a few million miles nearer us than is his wont.

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Reference—John H. Fallin, Baltimore; Wm. H. Marshall, New Church, Va.

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Reference—Peoples Bank of Baltimore

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Reference—Second National Bank; R. G. Dunn's Agency.

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References—A. M. Nottingham, Locustville, Va., People's Bank, N. Y. All checks on firm cashed on presentation by E. B. Swanger & Co.

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References by permission—Cashier Essex County National Bank, Newark N. J. A. Baldwin, Cashier Newark City National Bank.

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References—D. D. Abbott, Geo. T. Gillespie, Perry Bloxom, Wm. T. Baker, Levin Prescott, John I. Barnes, Mappsville, Va.

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